

SACRED HEART SR. SEC. SCHOOL

Bhai Randhir Singh Nagar, Ludhiana

SYLLABUS BOOKLET

FOR CLASS-III

SESSION 2025-2026

FOREWORD

Sacred Heart Sr. Sec. School firmly believes in the divine light of knowledge. We strive sincerely to follow the path of "Learn and Enlighten" which is the maxim of our school. We are offering an Informative syllabus for the upcoming academic year-a guide that marks the beginning of a journey filled with learning, wonder, and growth. This document is not just a list of subjects and rules; it is an invitation to explore new ideas, nurture your talents, and discover the joy of knowledge.

Our curriculum has been thoughtfully designed to balance strong academic foundation with opportunities for creative exploration. Like a garden ready to bloom, each lesson is a seed planted with care, destined to help every student flourish in his/her unique way. Our dedicated educators have worked passionately to create an environment where curiosity is celebrated and learning becomes an adventure.

In these pages, you will find a blend of tradition and innovative ideas that aim to inspire both the head and the heart. We hope that this syllabus will guide you, spark your imagination, and remind you that every day brings a chance to grow and learn something new.

Thank you for being a part of this exciting journey. Together, let us welcome the new academic year with enthusiasm and a shared commitment to discover the endless possibilities that education brings.

ENGLISH

Prescribed Books

1. COLLINS ENGLISH EXPERT COURSE BOOK – **CB**
2. COLLINS ENGLISH EXPERT LANGUAGE COMPANION -- **LC**
3. COLLINS ENGLISH GRAMMAR AND COMPOSITION – **GR**

April

CB: L-1 Rathna and The Ring of Fire
L-2 The Star

GR: L-1 The Sentence
L-2 Questions
L-3 Nouns- Common, Proper, Collective
L-7 Subject Predicate
L-23 Punctuation

Practice Grammar Worksheet

LC: Unit 1: Secrets of The Sky

WRITING: Paragraph Writing (Places related to school)

May

CB: L-3 Superfoods for Superheroes
L-4 Litterbug

GR: L-11 A, An, The
L-13 Am, Is, Are
L-14 Was, Were
L-15 Has, Have, Had

Practice Grammar Worksheet

LC: Unit 2: Healthy and Good Habits

WR: Picture composition

Revision And Periodic Test-1

July

CB: L-5 The Porridge Pincher
L-6 A Butterfly Smile

GR: L-4 Nouns Number
L-6 Nouns Belonging
L-10 Pronouns
L-12 Verbs

Practice Grammar Worksheet

LC: Unit 3: Nature Around Us

WRITING: 1. Formal letter

August

CB: L-7 The Wind
L-8 Drip, Drip
L-10 Paplu the Giant

GR: L-8 Adjectives
L-9 Adjectives- Degrees of Comparison

Practice Grammar Worksheet

LC: Unit 4: Humour

WRITING: Picture Composition

September
Revision And Half Yearly Exams

October

CB: L-9 The Green Hedgehog
L-11 Brown Bear and Wilbur Wolf

GR: L-5 Nouns Gender
L-16 The Simple Present and Present
Continuous Tense
L-17 The Simple Past Tense
L-20 Conjunctions
L-24 Grammar on The Go
Practice Grammar Worksheet

LC: Unit 5: Friends and Family

WRITING: Paragraph Writing (Festivals)
Picture Composition

November

CB: L-12 Heidi Meets Grandfather
L-14 Gopal and The Hilsa Fish

GR: L-18 The Simple Future Tense
L-19 Adverbs
Practice Grammar Worksheet

LC: Unit 6: Folktales

WRITING: 1. Informal Letter

Revision And Periodic Test II

December

CB: L-13 The Lion and The Mouse

GR: L-21 Prepositions
Practice Grammar Worksheet

January

CB: L-15 True Friends

GR: L-22 Interjections
Practice Grammar Worksheet

WR: Picture composition

Revision
February
Revision And Yearly Exams

HINDI

पाठ्य पुस्तक	सुरुचि हिंदी पाठमाला 3
व्याकरण	नमन हिंदी व्याकरण 3
	रंगोली सुलेख अभ्यास 3
	अप्रैल
व्याकरण	वर्णमाला, स्वर, व्यंजन
सुरुचि	पाठ 1 हम कुछ करके दिखलाएँगे (कविता)
	पाठ 2 ऐसे थे बापू
	पाठ 3 संगति का फल
व्याकरण	पाठ 1 - भाषा, संज्ञा छोटो
	लिंग बदलो : (लड़का - नर) पृष्ठ 24
	रंगोली सुलेख : पृष्ठ संख्या 5 - 19
	मई
सुरुचि	पाठ 4 आ गया सावन (कविता)
	पाठ 5 सिद्धार्थ की करुणा
व्याकरण	पाठ 2 वर्ण
	शब्द शुद्धि (आवाज - भूक) पृष्ठ 51
	दिनों के नाम (in fill up form)
	अपठित गद्यांश
	अनुच्छेद : मेरा घर पृष्ठ 73
रंगोली सुलेख अभ्यास	पृष्ठ संख्या : 20 - 30
	PERIODIC TEST
	जुलाई
सुरुचि	पाठ 6 इंटरनेट का कमाल
	पाठ 7 हैदराबाद की सैर
व्याकरण	पाठ 3 मात्राएँ गिनती 1 से 15 शब्दों और अंकों में
	विलोम शब्द (सच - जाना) पृष्ठ 56
	अनेक शब्दों के लिए एक शब्द (1-10) पृष्ठ 60
रंगोली सुलेख	पृष्ठ 31- 40

अगस्त

सुरुचि	पाठ 8 - सफलता का मंत्र
	पाठ 9 हमने डरना कभी न जाना कविता
व्याकरण	वचन बदलो : (घोड़ा - रोटी) पृष्ठ संख्या - 29
	अनुच्छेद : मेरा परिवार पृष्ठ 73
	अपठित गद्यांश
रंगोली सुलेख अभ्यास	पृष्ठ 41 - 45

सितंबर

HALF YEARLY EXAMINATION

अक्तूबर

सुरुचि	पाठ : 10 प्यारा गाँव
	पाठ 11 गौरैया का घर
व्याकरण	संज्ञा भरो गिनती 16 से 30 शब्दों और अंकों में
	लिंग बदलो (दास - माली) पृष्ठ संख्या 24
	वचन बदलो (कली - चिड़िया) पृष्ठ संख्या 29
रंगोली सुलेख अभ्यास	पृष्ठ संख्या 46 - 52

नवंबर

सुरुचि	पाठ : 12 प्रदूषण
	पाठ 14 सियार और ऊँट
	पाठ 13 आया प्रभात (कविता)
व्याकरण	महीनों के नाम (in fill up form)
	सर्वनाम चुनो, विलोम शब्द (धरती- सुख)
	पृष्ठ संख्या 56
	पत्र : प्रधानाचार्या जी को जरूरी काम हेतु अवकाश के लिए प्रार्थना पत्र
रंगोली सुलेख अभ्यास	पृष्ठ संख्या 53 - 58

PERIODIC TEST

दिसंबर

सुरुचि	पाठ 15- स्वच्छता का अभियान
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ਪਾਠ 16 ਦੀਪਾਵਲੀ(ਕਵਿਤਾ)

ਪਾਠ 17 ਸੁੰਦਰ ਕੌਜ

ਵਿਆਕਰਣ : ਅਨੇਕ ਸ਼ਬਦਾਂ ਦੇ ਲਿਖੇ ਏਕ ਸ਼ਬਦ (11 - 20) ਪ੍ਰਸ਼ਨ 60

ਸ਼ਬਦ ਸ਼ੁਦ੍ਧਿ (ਇਸਲਿਏ - ਸ਼ਾਬਾਸ) ਪ੍ਰਸ਼ਨ 51

ਪਤਰ : ਵੀਸਾਰ ਹੋਣੇ ਪਰ ਪ੍ਰਧਾਨਾਚਾਰੀਆਂ ਜੀ ਕੋ ਅਵਕਾਸ਼ ਦੇ ਲਿਖੇ ਪ੍ਰਾਰਥਨਾ ਪਤਰ

ਰੰਗੋਲੀ ਸੁਲੇਖ ਅਭਿਆਸ : ਪ੍ਰਸ਼ਨ ਸੰਖਿਆ 59 - 64

ਜਨਵਰੀ ਦੋਹਰਾਈ

ਵਿਆਕਰਣ : ਸੰਜਾ ਭਰੋ, ਸਰਵਨਾਮ ਚੁਨੋ , ਅਪਠਿਤ ਗਦਯਾਂਸ਼, ਦੋਹਰਾਈ,

ਰੰਗੋਲੀ ਸੁਲੇਖ ਅਭਿਆਸ : ਪ੍ਰਸ਼ਨ 59 - 64

ਫਰਵਰੀ

ਦੋਹਰਾਈ (Yearly Examination)

PUNJABI

ਪਾਠ ਪੁਸਤਕਾਂ :- 1. ਰਬਾਬ ਪੰਜਾਬੀ ਪਾਠ ਪੁਸਤਕ (ਭਾਗ -2)

- ਅਪਰੈਲ:- (1) ਪਾਠ-1 ਮਾਂ ਬੋਲੀ (ਕਵਿਤਾ)
(2) ਪਾਠ-2 ਮੇਲਾ (ਚਿੱਤਰ - ਕਹਾਣੀ)
(3) ਪਾਠ - 3 ਫੁਹਾਰਾ ਚੌਂਕ (ਕਹਾਣੀ)
(4) ਗਿਣਤੀ -(1-20)
(5) ਵਚਨ ਬਦਲੋ

- ਮਈ :- (1) ਪਾਠ-4 ਬੋਹੜ (ਕਵਿਤਾ)
(2) ਪਾਠ-5 ਵੰਡ ਖਾਓ, ਖੰਡ ਖਾਓ (ਕਹਾਣੀ)
(3) ਦਿਨਾਂ ਦੇ ਨਾਂ
(4) ਲਿੰਗ ਬਦਲੋ
(5) ਲੇਖ - ਮੇਰਾ ਮਿੱਤਰ

• PERIODIC TEST - I

- ਜੁਲਾਈ :- (1) ਪਾਠ -6 ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ-ਖੇਡਾਂ (ਕਵਿਤਾ)
(2) ਗਿਣਤੀ - (21-45)
(3) ਮਹੀਨਿਆਂ ਦੇ ਨਾਂ ।

- ਅਗਸਤ :- (1) ਪਾਠ -7 ਸੂਰਜਾ , ਸੂਰਜਾ ਧੁੱਪ ਚੜ੍ਹਾ (ਕਹਾਣੀ)
(2) ਵਚਨ ਬਦਲੋ
(3) ਵਿਰੋਧੀ ਸ਼ਬਦ
(4) ਸ਼ੁੱਧ ਕਰੋ

ਸਤੰਬਰ :- ਦੁਹਰਾਈ

• HALF YEARLY

- ਅਕਤੂਬਰ :- (1) ਪਾਠ-8 ਕੌਣ ਹੈ ਮੇਰੀ ਮਾਂ ? (ਕਹਾਣੀ)
(2) ਪਾਠ- 9 ਕੂੜੇਦਾਨ (ਕਵਿਤਾ)
(3) ਵਿਰੋਧੀ ਸ਼ਬਦ
(4) ਸ਼ੁੱਧ ਕਰੋ

ਨਵੰਬਰ :- (1) ਪਾਠ -10 ਰੰਗਾਂ ਵਾਲਾ ਭੂਤ (ਕਹਾਣੀ)
 (2) ਗਿਣਤੀ - (46-60)
 (3) ਪਾਠ-11 ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦੇ (ਕਵਿਤਾ)
 (4) ਲੇਖ- ਮੇਰਾ ਸਕੂਲ
 ਦੁਹਰਾਈ

• **PERIODIC TEST - II**

ਦਸੰਬਰ :- (1) ਪਾਠ-12 ਕ੍ਰਿਸ਼ਨ-ਸੁਦਾਮਾ (ਕਹਾਣੀ)
 (2) ਗਿਣਤੀ - (61-75)
 (3) ਲਿੰਗ ਬਦਲੋ
 (4) ਵਚਨ ਬਦਲੋ

ਜਨਵਰੀ :- (1) ਪਾਠ-13 ਢਮਕ ਢੂੰ (ਕਾਵਿ-ਕਹਾਣੀ)
 (2) ਵਿਰੋਧੀ ਸ਼ਬਦ
 (3) ਸੁੱਧ ਕਰੋ
 (4) ਲੇਖ - ਚੰਗੀਆਂ ਆਦਤਾਂ

ਫਰਵਰੀ :- ਦੁਹਰਾਈ

YEARLY EXAMINATION

E.V.S.

**BOOK : Friends Educandle Series , Environmental
 Studies In Harmony With Nature - 3**

APRIL: L-1 Our Body : The Living Machine
 L-2 My Family
 L-3 Food We Eat
 L-4 Our Shelter

MAY:
 L-5 Water
 L-6 Leaves around Us

REVISION & PERIODIC TEST - I

JULY: L-7 The World of Birds

AUGUST: L-8 Travel Time
 L-9 Reaching Out

**SEPTEMBER: REVISION & HALF YEARLY
 EXAMINATION**

OCTOBER: L-10 Games We Play
 L-11 Safety First
 L-12 Taking Care of Others
 L-13 Locating a Place

NOVEMBER: L- 14 Animals –Food and Feeding Habits
 L -15 Clothes We Wear

REVISION & PERIODIC TEST 2

DECEMBER: L-16 Festivals We Celebrate
L-17 Weather and Seasons

JANUARY L-18 Up In the Sky & **REVISION**

FEBRUARY **REVISION AND YEARLY EXMINATION**

MATHS

BOOK : Active Mathematics Book -3

April Unit- 1 Numbers
Unit -2 Addition
Multiplication tables 2 to 11
Addition tables 1 to 7

May Unit -3 Subtraction
Revision and Periodic Test 1

July Unit - 4 Multiplication
Unit - 5 Division

August Unit - 6 Fractions
Unit - 10 Geometry

September **Revision And Half Yearly Examination**

October Unit - 8 Money

November Unit - 9 Metric Measures

REVISION & PERIODIC TEST II

December Unit - 7 Time

January Unit - 11 Data Handling

February **REVISION AND REVISION TEST**

March **YEARLY EXAMINATION**

MORAL SCIENCE

Book	: GENESIS
April	: L - 1 Four Friends L - 2 The Honest Woodcutter
Prayer	: School Prayer
May	: L - 3 Easter Sunday L - 4 The Timid Rabbits
July	: L - 5 The Elephant and the Dog L - 6 A Pleasant Face
Prayer	: Prayer After Class
August	: L - 7 The Polite King Revision
September	: HALF YEARLY EXAMINATION
October	: L - 8 Safety First L - 9 The Prince And His Toys
Prayer	: Prayer Before Class
November	: L - 10 Tenali Raman And The Merchant L - 11 The King Frog
December	: L - 12 The Dreamer
Prayer	: Prayer at the end of the day
January	: L - 13 The Intelligent Jackal
February	: REVISION AND YEARLY EXAMINATION

GENERAL KNOWLEDGE BOOK-3 Explore Everything (The Ultimate Knowledge Adventure)

APRIL--	Lesson 1	Beautiful Birds
	Lesson 2	Arboreal Animals
	Lesson 3	Reptiles
	Lesson 4	Aquatic Animals
	Lesson 5	Green Life
	Lesson 6	Sources of food
MAY--	Lesson 7	Collection of Plants
	Lesson 8	Paper Recycling
	Lesson 9	Special Transport
JULY---	Lesson 10	Means of Communication
	Lesson 11	Weather Report
	Lesson 12	Our Body
	Lesson 13	Basic Science
	Lesson 14	Planet Overview
	Lesson 15	Energy: Its sources and uses
	Lesson 16	Glorious Inventions
AUGUST -	Lesson 17	Comics Time
	Lesson 18	Ideally Twins
	Lesson 19	Books- the best gift
	Lesson 20	Abbreviations and acronyms

SEPTEMBER -- Revision and Half Yearly exam

OCTOBER--	Lesson 21	Caring is Good
	Lesson 22	Health is Wealth
	Lesson 23	Indian Traditions
	Lesson 24	Incredible India
	Lesson 25	Regional Festivals
	Lesson 26	Dances of India
NOVEMBER--	Lesson 27	Seven Sisters
	Lesson 28	Leading Ladies
	Lesson 29	Important Milestones
	Lesson 30	Music Maestro
	Lesson 31	Jewels of India
DECEMBER--	Lesson 32	Amazing Nature
	Lesson 33	A View of Magnificence
	Lesson 34	Geographical Nicknames
	Lesson 35	Sports Arena
	Lesson 36	Sports Champions
JANUARY--	Lesson 37	Mobile Phone Manners
	Lesson 38	Team Work
	Lesson 39	Brain Exercise - 1
	Lesson 40	Brain Exercise - 2
	Lesson 41	Question Hour
FEBRUARY --Revision and Yearly Exam		

COMPUTER SCIENCE

BOOK : Byte Code – An Integrated approach for joyful learning

Based on Windows 10 & MS Office 2019

April – May Theory

Chapter 2 – Introduction to Windows

Chapter 3 – Modifying Objects in Paint

Practical

MS Paint Lab Activities

July – September Theory

Chapter 4 – Using Word 2019

Chapter 5 – Editing Text in Word

Computer Assignment

Revision and Half Yearly Exam

Practical

MS Word and MS Paint Lab Activities

October – December Theory

Chapter 6 – Introduction to Scratch

Chapter 7 – Fun with Scratch

Chapter 8 – AI World: Drones

Practical

Scratch Activities

January Theory

Computer Assignment

Revision

Practical

Project Work based on Scratch

February

Revision, Project Evaluation and Yearly Exam

MUSIC

April-May	Introduction with Basics of Indian Classical Music Aaroh-avroh of Raga Bilawal Prayer Song in English 7 Alankars of Indian Classical Music
July-August	Patriotic Song in Hindi Practice of Alankars Taans of Bilawal Raga
Sept-Oct	Revision of all Songs and Sargams Prayer Song in English
Nov-Dec	Christmas Carols in English, Hindi & Punjabi Motivational Song in English
Jan-Feb	Prayer Song in English Patriotic Song In Hindi Revision of all Songs and Sargams

DANCE

April – May	Basic of Kathak Prayer Dance Footwork in Double Beat Hand and Eye Cordination
July-Aug	Prayer Dances in Semi Calssical Form Patriotic Dance for Independence Day Function Hand Movements Expression Workshop
Sept-Oct	Revision of Footwork Prayer Dance English
Nov-Dec	Prayer Dance Western Dance with Props Basic Footwork on Western Beats Choreography on Christmas
Jan-Feb	Prayer Dance Folk Dances of India Footwork

ART & CRAFT

APRIL –	1. MY SCHOOL 2. GROW MORE TREES
MAY -	1. SUMMER SEASON DRAWING 2. BIRTHDAY PARTY COMPOSITION
JULY–	1. BALLOON SELLER 2. ELEPHANT IN THE JUNGLE
AUGUST –	1. RAKSHABANDHAN DRAWING 2. INDEPENDENCE DAY COMPOSITION
SEPTEMBER -	1. GREETING CARD (TEACHERS' DAY)
OCTOBER -	1. CARTOON COMPOSITION 2. DIWALI SCENE
NOVEMBER –	1. A VIEW OF HILL STATION 2. PICNIC SCENE
DECEMBER-	1. CHRISTMAS COMPOSITION
JANUARY-	1. KITE FLYING COMPOSITION 2. HOLI SCENE
FEBRUARY -	REVISION

PHYSICAL EDUCATION AND SPORTS

APRIL	A Introduction of Physical Education. B Khelo India BMI. C Major game Hockey.
MAY	A. Introduction of warming up exercises. B. Jogging, running. C. Minor Games.
JUNE	SUMMER COACHING CAMP
JULY	A Revision of previous work. B Minor Games. C Introduction of Track and Field Events.
AUGUST	A Practice of free hand exercises. B Marching Practice. C Major Game Football.
SEPTEMBER	A Mid term gradation. B Walking Jogging, Running. C Minor Games. D Checking cleanliness & Uniform.
OCTOBER	A. Preparation of Annual Athletic Meet. B. 100 mt. and 50 ml. Obstacle Race. C. Minor Games.
NOVEMBER	A Participation of Annual Athletic Meet. B Practice of Marching. C Minor Games.
DECEMBER	A Free hand exercises. B Minor Games.
JANUARY	A Walking, Jogging, Running B Minor games.
FEBRUARY & MARCH	A Revision of previous free hand exercises. B Final Gradation. C Minor Games.

ACTIVITY PLANNER 2025-26

April	Inaugural Prayer Service Allocation of houses Easter Day (Book Mark Making Competition) Earth Day (Slogan Writing Competition)
May	Labour's Day Celebration Mother's Day Celebration English Story Telling Competition
July	Punjabi Calligraphy Competition Spell Bee Competition
August	Inter-House Patriotic Singing Competition Hindi Calligraphy Competition Rakhi Making Activity
September	English Commercial Enactment Card Making Competition on Teacher's Day
October	Diwali Diya Decoration Competition
November	Santa Cap Making & Decoration Competition English Calligraphy Competition

December	Sports Day Inter-Class Carol Singing Competition Inter-Class Bulletin Board And Class Decoration Competition
January	Kite Making Activity (Makar Sankranti) Annual Prize Distribution Function

